



#### **NDA Mission**

Empower members to be Nevada's food and nutrition leaders.

#### **NDA Vision**

Optimize the health of all Nevadans through food and nutrition expertise.

The Nevada Dietetic Association (NDA) is the leading group of food and nutrition experts in the state of Nevada founded in 1951. We are a professional, not-for-profit organization of food and nutrition experts affiliated with the Academy of Nutrition and Dietetics. Our 450 members are Registered Dietitian Nutritionists (RDNs), Registered Dietitians (RDs), Dietetic Technicians, Registered (DTRs), nutrition students and interns. NDA is managed by a board consisting of 7 voting members in addition to over 12 non-voting board members. Registered Dietitians are licensed practitioners recognized in the state of Nevada since 2011.

#### **NDA Values**

- *Integrity:* Act ethically with accountability and commitment to excellence.
- *Customer Focus:* Meet the needs and expectations of all our customers through evidenced based practice.
- *Innovation:* Embrace change with creativity, life-long learning and strategic thinking.
- *Social Responsibility:* Make decisions with consideration for inclusivity as well as environmental, economic and social implications.

#### **Where We Practice:**

- Patient-Centered Medical Homes (PCMH), Hospitals, HMOs, Long Term Care settings, and other health care facilities as integral members of the health care team in the provision of Medical Nutrition Therapy via the industry standard Nutrition Care Process
- Sports Nutrition and Corporate Wellness Programs; educating clients about the association of food, fitness and health
- Government and Food and Nutrition Related Industries; working in research, public relations, marketing and product development
- Private Practice and Consultation; providing education and services to consumers, health care facilities, restaurants and food companies
- Schools, Community and Public Health Settings; advocating healthy eating habits and sound policy to improve the quality of life
- Colleges, Universities and Medical Centers as educators of students, interns and allied health professionals

#### **Public Policy Topics:**

Our members have expertise in a variety of settings pertaining to food, nutrition, prevention, and health. It is our responsibility to stay up to date with the most current information and relay those science based specifics to our community and the population we work with. A few of the many topics include:

- Diet for disease prevention and treatment including diabetes, heart disease, cholesterol and lipid management, obesity, kidney disease, HIV/AIDS, and cancer
- Child nutrition and WIC programs
- Nutrition for older adult needs including home-delivered and congregate meals
- Hunger and food security, food systems management, food safety, food policy, and water issues
- Labeling for products, nutrition analysis for restaurants, and vending machine policies
- Dietary and sports supplements
- Consumer protection and licensure
- Private Insurance Coverage, State Insurance Exchanges, and Medicare/Medicaid
- Quality measures and lowering health care costs

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**President 2016- 2017**  
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