

Nevada Academy of Nutrition & Dietetics

2026 Annual Conference

April 20 - 22, 2026

Credibility in the Chaos: Empowering RDNs & NDTRs to Lead with Science

PROGRAM

Monday, April 20

6:00 pm: Ellen Karlin, MMSc, RDN, LDN, FADA
& Sara Karlin, DDS

Nutrition and Oral Health in Childhood: Separating the Science from the Trends

7:00 pm - Lauren Manaker, MS, RD, LD
Adolescent Nutrition: Balancing Diet and Development
(Sponsored by National Cattlemen's Beef Association)

Tuesday, April 21

6:00 pm - Christina Badaracco, MPH, RDN, LDN
Advancing Patient Health & Provider Knowledge Through Culinary Medicine

7:00 pm - Dr. Stavros Kavouras, FNAK, FACSM, FECSS
Hydration Matters: The Hidden Key to Feeling & Performing Your Best
(Sponsored by Dairy Council of Nevada)

8:00 pm - NvAND Business Meeting

Wednesday, April 22

6:00 pm - Melissa Bernstein, PhD, RDN, LD, FAND, DipACLM, FACLM, FNAP
& Meryl Fury, MS, RN

Artichokes - Zucchini: Solutions for "I Don't Eat Vegetables (or Beans)"

7:00 pm - Drew Hemler, MSc, RD, CDN, FAND
Pause Before Posting: Social Media with Professional Practice in MInd